

# Patient Health Questionnaire

Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_

If you are a student are you employed: ( ) full time ( ) Part-time Job ( ) Not employed

Job Duties \_\_\_\_\_

Describe the problem(s) for which you seek treatment \_\_\_\_\_

How did your symptoms begin \_\_\_\_\_

When did your symptoms start? \_\_\_\_\_

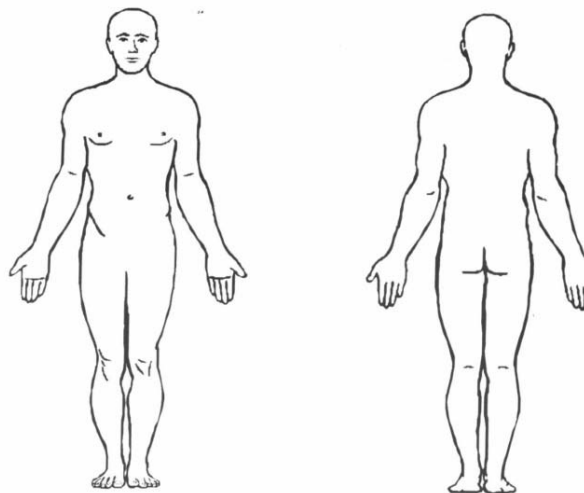
*Indicate where you have pain or other symptoms*

What describes the nature of your symptoms?

- ( ) Sharp ( ) Shooting
- ( ) Dull ache ( ) Burning
- ( ) Numb ( ) Tingling

How often do you experience your symptoms?

- ( ) Constantly (76-100% of the day)
- ( ) Frequently (51-75% of the day)
- ( ) Occasionally (26-50% of the day)
- ( ) Intermittently (0-25% of the day)



Indicate the average intensity of your symptoms:

0 1 2 3 4 5 6 7 8 9 0

Have you ever had this problem before? \_\_\_\_\_

Briefly state previous treatment, if any: \_\_\_\_\_

Have you had any X-rays, CAT scans, MRIs, or other diagnostic tests for your recent injury? Yes \_\_\_ No \_\_\_. If yes, please explain the findings, as you understand them: \_\_\_\_\_

Please give us a complete list all the medicines that you currently or regularly take: \_\_\_\_\_

Current activity level (hobbies, sports, recreation, etc): \_\_\_\_\_

Activities wishing to return to: \_\_\_\_\_

Is there anything else you think I should know about your general health? Please explain and, if necessary, we can talk about it. \_\_\_\_\_

**Past Medical History**

Have you experienced any of the following?

**Yes No**

**Orthopedic Surgery** \_\_\_\_\_

| Yes                                | No |   | Yes | No |   |
|------------------------------------|----|---|-----|----|---|
| <b>Heart Disease:</b>              |    |   |     |    |   |
|                                    |    | Congestive Heart Failure (CHF)                                  |     |    | Valvular Disease  |
|                                    |    | High Blood Pressure   |     |    | Stents  |
|                                    |    | Heart Attack  |     |    | Arrhythmia  |
|                                    |    | Atherosclerotic Disease   |     |    | Coronary Artery Bypass  |
|                                    |    | Angioplasty   |     |    | Angina  |
|                                    |    | Do you have a Pacemaker?  |     |    |   |
| <b>Vascular Disease:</b>           |    |   |     |    |   |
|                                    |    | Chronic Obstructive Pulmonary Disease (COPD)                    |     |    | Respiratory Distress Syndrome                                 |
|                                    |    | Emphysema   |     |    | Recent Pneumonia  |
|                                    |    | Peripheral Artery Disease                                       |     |    | Stroke/TIA  |
|                                    |    | Blood Pressure Meds   |     |    | Chronic Bronchitis  |
|                                    |    | Diabetes  |     |    | Hypertension  |
|                                    |    | Asthma  |     |    |   |
| <b>General Medical Conditions:</b> |    |   |     |    |   |
|                                    |    | Arthritis (rheumatoid/osteoarthritis)                           |     |    | Osteoporosis  |
|                                    |    | Allergies   |     |    | Anxiety or Panic Disorders                                    |
|                                    |    | Neurological Disease (such as MS or Parkinson's)                |     |    | Kidney, Bladder, Prostate or Urination Problems               |
|                                    |    | Headaches   |     |    | Previous Accidents  |
|                                    |    | GI Disease (ulcer, hernia, reflux, bowel, liver, gall bladder)  |     |    | Visual Impairment (cataracts, glaucoma, macular degeneration) |
|                                    |    | Depression  |     |    | Incontinence  |
|                                    |    | Back Pain (neck pain, low back pain, degenerative disc disease) |     |    | Hearing Impairment  |
|                                    |    | Hepatitis/AIDS  |     |    | Sleep Dysfunction   |
|                                    |    | Prior Surgery   |     |    | Prosthesis/Implants   |
|                                    |    | Cancer  |     |    |   |

Explain \_\_\_\_\_  
 \_\_\_\_\_

Other Disorders \_\_\_\_\_

|                                      |                  |                     |
|--------------------------------------|------------------|---------------------|
| <b>In Case of Emergency Contact:</b> |                  | Relationship: _____ |
| Home Phone: _____                    | Work Phone _____ | Cell: _____         |

Signed \_\_\_\_\_

Date \_\_\_\_\_